2016 Course Enrolment Guide

Faculty of Health Sciences
Bachelor of Exercise and Health Science
Brisbane

Information last updated on 23 October 2015

Please note that Course Enrolment Guides are revised regularly and students are advised to check the website for the latest updates. Additional information from your School, Faculty and the University will be sent to your ACU student e-mail address and students must check this regularly. Please note that all e-mail communication with University staff must be sent from your ACU student e-mail account.

HOW TO USE THIS GUIDE

The Course Enrolment Guide is designed to assist students in the selection of units and to ensure that students are aware of the requirements for the completion of their degree. Specific information relating to unit content and assessments will be provided by your School.

Enrolling in units for 2016

1. Refer to Section 1.‘Course Map’ for the structure of your course. Please note that this may vary depending on the campus where you are studying and/or the year in which you commenced your studies. Make a note of the core units you need to enrol in for 2016.

2. Refer to Section 2.‘Unit Information’ for details about elective units offered at your campus this year. Pay particular attention to prerequisite and co-requisite requirements.

3. Make sure that you are familiar with the rules and structure of your course. Refer to Section 3.‘Course Information’ for links to the Handbook, which contains information on the major, minor and specialisation options available in your course.

4. Refer to the Re-Enrolment¹ section of the ACU website for step-by-step instructions on how to enrol in units via Student Connect.

¹https://students.acu.edu.au/247957
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# 1. COURSE MAP

## Bachelor of Exercise and Health Science – Brisbane – continuing students

### Year 1

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>EXSC198</th>
<th>EXSC199</th>
<th>BIOL121</th>
<th>EXSC187</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Health, Fitness and Performance</td>
<td>Psychology of Sport and Physical Activity</td>
<td>Human Biological Sciences 1</td>
<td>Growth, Motor Development and Ageing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester 2</th>
<th>EXSC241</th>
<th>EXSC120</th>
<th>UNCC100</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Programming Resistance Training</td>
<td>Mechanical Bases of Exercise</td>
<td>Our World: Community and Vulnerability</td>
</tr>
</tbody>
</table>

### Year 2

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>EXSC222</th>
<th>EXSC189</th>
<th>EXSC220</th>
<th>EXSC240</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Functional Anatomy (EXSC105)</td>
<td>Research and Ethics in Exercise Science</td>
<td>Biomechanics (EXSC120)</td>
<td>Exercise Physiology (EXSC198 or BIOL121)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXSC205</th>
<th>Industry Experience Preparation</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Semester 2</th>
<th>EXSC296</th>
<th>EXSC347</th>
<th>EXSC230</th>
<th>ELECTIVE 1</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Health and Exercise Psychology (EXSC199) Or Elective</td>
<td>Nutrition and Exercise</td>
<td>Motor Control &amp; Learning (EXSC187)</td>
<td></td>
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### Year 3

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>UNCC300</th>
<th>EXSC392</th>
<th>ELECTIVE 2</th>
<th>ELECTIVE 3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Understanding Self and Society: Contemporary Perspectives (UNCC100)</td>
<td>Leadership Development in Physical Activity</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester 2</th>
<th>EXSC399</th>
<th>EXSC229</th>
<th>ELECTIVE 4</th>
<th>ELECTIVE 5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Industry Experience (EXSC205)</td>
<td>Leadership Development in Team Games</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Students wishing to progress to a teaching qualifications should undertake 4 elective units in a second teaching area (eg. Science). Contact your Course Co-ordinator for further advice.

### Please Note:
- All units are delivered in “Attendance” mode, unless otherwise indicated.
- Pre-requisite units are indicated in italics.
- Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period.

### Study Modes
- **Attendance**: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.
- **Multi-mode**: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residential etc).
- **Online**: Unit delivered fully online (including assessments).

### Prerequisites
- A prerequisite is a requirement that must be met by a student before enrolment in a stipulated unit. It is your responsibility to ensure that you meet all prerequisites prior to enrolling in a unit.
2. UNIT INFORMATION

Please note that unit availability is subject to change.

Students should enrolment in units as shown in their course map.

A full list of elective units offered in 2016 can be found HERE.

For descriptions of units, please refer to the ACU Handbook\(^2\). Please select the appropriate year and then click on 'Unit Descriptions'.

3. COURSE INFORMATION

Course Structure
The University Handbook provides detailed information about each ACU course, including minimum duration, requirements for completion, exit points, any available majors/minors/specialisations and descriptions of units. Please follow the links below to view the rules for your course:

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Course Rules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bachelor of Exercise and Health Science</td>
<td><a href="https://students.acu.edu.au/643779">https://students.acu.edu.au/643779</a></td>
</tr>
</tbody>
</table>

Course Specific Advice
Course Coordinators and/or Course Advisors are available to assist with enrolment and re-enrolment. You can telephone, email or contact them in person to make an appointment.

**Campus:** Brisbane
**Course Coordinator:** Dr Peter Le Rossignol
**Email:** peter.lerossignol@acu.edu.au
**Telephone:** (07) 3623 7640

**Administrative Officer:** Ms Jen Kneen
**Email:** exsc.adminqld@acu.edu.au
**Telephone:** (07) 3623 7679

Consultation with Academic Staff
Academic staff contact details are provided above. Email correspondence must include student name, student number, contact phone number, and the nature of the enquiry. Academic staff will respond in a timely manner, however will not respond to emails from providers other than the allocated ACU student email account as this risks the security of the University server.

General Advice
All queries not specifically related to your course program such as admissions, enrolment, fees, scholarships, exams, timetabling and graduations should be directed to the Student Centre\(^3\). The Administration & Enrolment\(^4\) webpage also has useful information to help you in managing your studies.

\(^2\) http://students.acu.edu.au/387052
\(^3\) https://students.acu.edu.au/42835
\(^4\) https://students.acu.edu.au/332297