2016 Course Enrolment Guide
Faculty of Health Science
Master of High Performance Sport
Graduate Diploma of High Performance Sport
Graduate Certificate in High Performance Sport
Nationally Online

Information last updated on 8 January 2016

Please note that Course Enrolment Guides are revised regularly and students are advised to check the website for the latest updates. Additional information from your School, Faculty and the University will be sent to your ACU student e-mail address and students must check this regularly. Please note that all e-mail communication with University staff must be sent from your ACU student e-mail account.

HOW TO USE THIS GUIDE

The Course Enrolment Guide is designed to assist students in the selection of units and to ensure that students are aware of the requirements for the completion of their degree. Specific information relating to unit content and assessments will be provided by your School.

Enrolling in units for 2016

1. Refer to Section 1.‘Course Map’ for the structure of your course. Note this may vary depending on the year in which you commenced your studies. Note the core units you need to enrol in for 2016.

2. Refer to Section 2.‘Unit Information’ for details about elective units offered at your campus this year. Pay particular attention to prerequisite and co-requisite requirements.

3. Make sure that you are familiar with the rules and structure of your course. Refer to Section 3.‘Course Information’ for links to the Handbook.

4. Refer to the Re-Enrolment section of the ACU website for step-by-step instructions on how to enrol in units via Student Connect.

1 https://students.acu.edu.au/247957
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## Master of High Performance Sport (February entry) – commencing 2016

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<tr>
<th>Year 1</th>
<th>Semester 1</th>
<th>EXSC510 Strength and conditioning for the high performance athlete (10 CP)</th>
<th>EXSC511 Technology in high performance sport (10 CP)</th>
<th>EXSC512 Leadership and culture in high performance settings (10 CP)</th>
<th>EXSC513 Data analysis and interpretation for high performance sport (10 CP)</th>
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<tbody>
<tr>
<td></td>
<td>Semester 2</td>
<td>EXSC650 Fatigue, recovery, adaptation and performance (10 CP)</td>
<td>EXSC651 Performance and injury: prevention and management (10 CP)</td>
<td>Elective unit (10 CP)</td>
<td>EXSC668 Performance Nutrition (10 CP)</td>
</tr>
<tr>
<td>Year 2</td>
<td>Semester 3</td>
<td>Research Stream: EXSC654 Major Industry Project Part A (20 CP) and EXSC655 Major Industry Project Part B (20 CP) or EXSC656 Minor Industry Project (20 CP) and/or EXSC657 Industry Internship (20 CP) and/or 2 x 10 CP elective units</td>
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## Master of High Performance Sport (Mid-year entry) – commencing 2016

<table>
<thead>
<tr>
<th>Year 1 – Semester 2 commencement</th>
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<th>EXSC650 Fatigue, recovery, adaptation and performance (10 CP)</th>
<th>EXSC651 Performance and injury: prevention and management (10 CP)</th>
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<th>EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP)</th>
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## Graduate Certificate of High Performance Sport

| Year 1 | Semester 1 | EXSC510 Strength and conditioning for the high performance athlete (10 CP) | EXSC511 Technology in high performance sport (10 CP) | EXSC512 Leadership and culture in high performance settings (10 CP) | EXSC513 Data analysis and interpretation for high performance sport (10 CP) |
## Master of High Performance Sport (students who commenced 2015)

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<tr>
<td></td>
<td>Semester 2</td>
<td>EXSC654 Major Industry Project (Part A) (EXSC513, EXSC653)</td>
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<td>EXSC655 Major Industry Project (Part B) (EXSC513, EXSC653, Co: EXSC654)</td>
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<tr>
<td></td>
<td>Semester 2</td>
<td>Elective</td>
<td>Elective</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Year 2</td>
<td>Semester 1</td>
<td>EXSC656 Minor Industry Project (EXSC513, EXSC653)</td>
<td></td>
<td>EXSC657 Industry Internship</td>
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<tr>
<td>OR</td>
<td>Semester 1</td>
<td></td>
<td>EXSC657 Industry Internship</td>
<td></td>
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<td>Elective</td>
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Units shaded green are offered in multi-mode with an attendance component in Melbourne (*EXSC512 is offered in both Semester 1 and 2*).

Units shaded blue are offered online (*EXSC513 is offered in both Semester 1 and 2*).

** Students who have not completed EXSC652 Contemporary Issues in Sports Science will need to choose an elective as this unit is no longer offered.

- **Please Note:**
  - Pre-requisite units are indicated in italics.
  - Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period.

### Study Modes

- **Attendance:** Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

- **Multi-mode:** Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residential etc).

- **Online:** Unit delivered fully online (including assessments).

### Prerequisites

- A prerequisite is a requirement that must be met by a student before enrolment in a stipulated unit. It is your responsibility to ensure that you meet all prerequisites prior to enrolling in a unit.
2. UNIT INFORMATION

Please note that unit availability is subject to change

2016 Elective Units

A full list of elective units offered in 2016 can be found HERE.

This includes information on the campus, semester and study mode for each unit. **Students must liaise with their Course Coordinator when choosing elective units.**

For descriptions of units, please refer to the ACU Handbook\(^2\). Please select the appropriate year and then click on ‘Unit Descriptions’.

3. COURSE INFORMATION

Course Structure

The University Handbook provides detailed information about each ACU course, including minimum duration, requirements for completion, exit points, any available majors/minors/specialisations and descriptions of units. Please follow the links below to view the rules for your course:

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Course Rules</th>
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</thead>
<tbody>
<tr>
<td>Graduate Diploma of High Performance Sport</td>
<td><a href="https://students.acu.edu.au/748494">https://students.acu.edu.au/748494</a></td>
</tr>
</tbody>
</table>

Course Specific Advice

Course Coordinators and/or Course Advisors are available to assist with enrolment and re-enrolment. You can telephone, email or contact them in person to make an appointment.

Course Coordinator: Professor Justin Kemp
Email: ExSc.HPS@acu.edu.au
Telephone: (03) 9230 8256

General Advice

All queries not specifically related to your course program such as admissions, enrolment, fees, scholarships, exams, timetabling and graduations should be directed to the Student Centre\(^3\).

The Administration & Enrolment\(^4\) webpage also has useful information to help you in managing your studies.

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\(^3\) [https://students.acu.edu.au/42835](https://students.acu.edu.au/42835)